

## PREPARATION FOR COLONOSCOPY

### TREATMENT:

PLEINVUE® • C.N. 721059-7

### GENERAL PRESCRIPTIONS:

- 1 week before making the exploration, NOT TAKE ANY TREATMENT WITH IRON
- If you are taking Sintrom, Pradaxa, Aldocumar, Escover, Plavix,... ask to your doctor.

### 2 DAYS BEFORE THE EXPLORATION:

**You can take:** Rice and pastas, broths, meats and fished to the plate or boiled, hard cheeses, biscotes or cookies without fiber, toast, strained juices, infusions, tea, coffee and drinks without gas.

**It cannot take:** Salads, vegetables and vegetables, fruits, potatoes, meats and fished in sauce, sausages, milk, fats, pastry and drinks with gas, omelettes.

### DAY BEFORE THE EXPLORATION:

#### MAKE ONLY A LIQUID DIET

- IF YOU HAVE THE EXPLORATION IN THE MORNING:

**DOSIS 1:** 19 h - you must drink ½ liter of PLEINVUE®, a glass each 15-20 minutes.

**IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

**DOSIS 2 :** 22 h- you must drik ½ liter of PLEINVUE®, a glass each 15-20 minutes. **IMPORTANT:**

After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

- **IF YOU HAVE THE EXPLORATION IN THE AFTERNOON:**

**DAY BEFORE EXPLORATION: DOSIS 1:** 20 h- you must drink ½ liter of PLEINVUE®, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

**DAY OF THE EXPLORATION: DOSIS 2:** 8:30 h- you must drink ½ liter of PLEINVUE®, a glass each 15-20 minutes. **IMPORTANT:** After the last glass, you must drink ½ LITER OF SOFT LIQUIDS (water, infusions).

## CÓMO PREPARAR PLEINVUE®



**DOSIS 1** Abra el sobre correspondiente a la **Dosis 1**, y disuelva el contenido en **500 ml de agua fría**. Tómese el preparado lentamente a lo largo de 40-45 minutos.  
Se recomienda un vaso cada **15-20 min** (125 ml).  
A continuación tomar 1/2 litro de líquidos claros.



**DOSIS 2** Abra el sobre correspondiente a la **Dosis 2** (sobre A + sobre B) y disuelva el contenido de los 2 sobres en **500 ml de agua fría**. Tómese el preparado lentamente a lo largo de 40-45 minutos.  
Se recomienda un vaso cada **15-20 min** (125 ml).  
A continuación tomar 1/2 litro de líquidos claros.

## DAY OF THE EXPLORATION:

- Don't eat and drink since the day before the exploration.
- Come with another person
- It's forbidden drive after the exploration
- Take with you the prescription of your doctor, the authorization (if it's necessary) and the preintervention blood test.