

# Preparation for gastroscopy

## INDICATIONS FOR MEDICATION

- In case you are taking Omeprazole or any other gastric protector, you will have to stop the treatment one week before the examination, unless indicated otherwise by your doctor.
- If you are taking anticoagulants or antiaggregants (Sintrom, Xarelto, Pradaxa, Adiro, Aspirin, Plavix or other), consult your doctor.


## BEFORE THE PROCEDURE

- For a high-quality gastroscopy, it is important to strictly respect the **8 hours of fasting prior to the examination.**
- During this period you will not be allowed to ingest food or liquids.

## PROCEDURE DAY

- You may drink water up to **4 hours before the test.**
- It is strongly advised that you come accompanied.
- After the gastroscopy, you will not be able to drive or engage in risky activities.

If you need any clarification before your test, you can contact our Patient Care Service.

 932 522 522

 [inform@creublanca.es](mailto:inform@creublanca.es)