



Patient Care Guide Diagnostic tests in the Surgical Area



Av. J.V Foix 71 / P. Reina Elisenda 17 08034 Barcelona T. 93 252 25 22

Welcome to Clínica CreuBlanca

Dear patient,

The health and care of people are our reason for being. For this reason, we are pleased to accompany you in your next surgical intervention, putting at your disposal a large and interdisciplinary team of top-level professionals who will ensure at all times to offer you humane and quality care.

We thank you in advance for the trust you have placed in us, wishing you a pleasant stay at our clinic and a speedy recovery.





Before the Diagnostic Test

SIf you need any clarification before going to the center, you can contact our Admissions Department

932 522 523

quirofanos@creublanca.es

Documentation and requirements

- In the days leading up to admission, gather all tests related to the intervention, preoperative tests (ECG, RX, etc.) or coagulation tests.
- If you belong to an insurance company, on the day of the test you must deliver the authorization of your printed mutual or send it previously to quirofanos@creublanca.es, as well as the medical prescription.
- Come with your ID or passport.
- Bring your insurance company's card, if applicable.
- Deliver the informed consent signed agreement. Only if you have been provided with it previously, otherwise you can sign it in the clinic before the intervention.
- Come with a companion.

Health status and medication

- Contact us if you have any type of eventuality the days before your intervention (fever, cold, infections or dental problems, etc.)
- If you take medication, you should consult with your doctor how to proceed.

Items for personal use

- We suggest you leave jewelry, watches, piercings and other valuables at home. CreuBlanca is not responsible in case of loss or deterioration thereof.
- You must go showered and clean.
- Do not use body creams or lotions, or perfumes.
- Come without makeup and without lipstick. Remove nail polish, gel or acrylic nails.
- Remove dentures, bridges, contact lenses, and hearing aids.
- On the day of the exploration, come with comfortable clothes.

Remember that you must consult the document of the preparation of the test that we have provided you to be able to perform it properly and guaranteeing your maximum security.



Clínica **CreuBlanca**[•] Barcelona

The center has in its facilities with:

- Parking
- Cafe and restaurant

Admission

- Go 30 min. before the time of the test.
- Access Clínica CreuBlanca Barcelona through the entrance of Av. J. V. Foix, 63.
- Go to Surgical Admissions (floor 0) to complete all administrative procedures.

How to get to Clínica CreuBlanca?

其 Bus: V3, V7, H4, 68 🛛 📃 FGC: Reina Elisenda, salida J. V. Foix

Hospital discharge

You will stay in the center for as long as necessary for your recovery. At the time the doctor discharges you from hospital, the health personnel will give you the following recommendations:

- Indications and guidelines of care to follow.
- Date of the appointment you must book with the surgeon. Manage appointment booking with our Surgical Admissions staff.

Please note that you will NOT be able to drive or operate heavy machinery for the rest of the day.

The day of the Diagnostic Test



Step by step of your intervention

We share a video where we explain the steps to follow on the day of the intervention.



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